

**REQUEST FOR PROPOSALS**  
**Food Distribution and Food Services**  
**RE Bid No. 24-08-3459GC**

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**PROPOSAL DUE DATE:** 4:00 PM MST February 21, 2025

DESCRIPTION: Division of Aging and Long-Term Care Support (DALTCS) is seeking Proposals from qualified, certified vendors to provide food deliveries. The food deliveries will be for an estimated eighty-one (81) Senior Centers located in five (5) Agencies:

- 1) Chinle, Arizona
- 2) Crownpoint, New Mexico
- 3) Ft. Defiance, Arizona
- 4) Shiprock, New Mexico
- 5) Tuba City, Arizona

RE Bid Number: 24-08-3459GC

Contact Person: Lesita T. Desiderio, Program Supervisor II  
Email: [Lesita.desiderio@navajo-nsn.gov](mailto:Lesita.desiderio@navajo-nsn.gov)  
Phone Number: (928) 729-4458

Marlinda Littleman, Health Services Administrator  
Email: [Marlinda.Littleman@navajo-nsn.gov](mailto:Marlinda.Littleman@navajo-nsn.gov)  
Phone Number: (602) 478-6330

**RETURN RESPONSES TO :**

Mailing Address : Division of Aging and Long-Term Care Support  
PO Box 1519  
Window Rock, AZ 86515  
ATTN: Lesita Desiderio  
RE Bid No. 24-08-3459GC

Physical Address : Division of Aging and Long-Term Care Support  
Attn: Lesita Desiderio  
Bldg. No. 3780  
Fort Defiance, AZ, 86504  
RE Bid No. 24-08-3459GC

Respondent(s) must indicate on the Bid Package if they are a **PRIORITY ONE** or **PRIORITY TWO** vendor/business with the Navajo Nation under the Navajo Nation Business Opportunity Act.

## **RFP SUBMITTAL DEADLINE:**

All RFPs must be received/mailed/or physically delivered by **February 21, 2025, 4:00 PM MST** to:

Division of Aging and Long-Term Care Support  
PO Box 1519  
Window Rock, AZ, 86515

**OR**

Division of Aging and Long-Term Care Support  
Building No. 3780  
Fort Defiance, AZ, 86504

## **SECTION II**

### **REQUIRED DOCUMENTS:**

**The following documents are required and must be submitted with Bid Package:**

1. Four (4) copies of the original RFP must be provided in a sealed envelope.
2. Two Copies of the Cost Proposal sealed in a separate envelope.
3. Copy of Priority One or Two Certification.
4. Completed Navajo Nation Certification Regarding Debarment & Suspension (**Attached "Exhibit A"**)
5. Completed Federal Form Tax W-9 (**Attached "Exhibit A"**)
6. Licensed, bonded, and current Certificate of Liability Insurance.

### **PROPOSAL FORMAT:**

1. All proposals must be typewritten on standard 8-1/2 X 11 paper and placed with a hard report cover (NO BINDERS) with tabs delineating each section. Larger paper is permissible for charts, maps, or the like.
2. The proposal must be organized and indexed in the following format:
  - A. Letter of Transmittal
    - a. Provide background on company.
    - b. Identify the name of the person responding to the RFP.
    - c. Identify the name, title, and telephone numbers of personnel authorized to negotiate on behalf of the organization.
    - d. Identify the names, files, and telephone numbers of the person to be contacted for clarification.
    - e. Signed by the authorized person responding to the RFP; and

- B. The respondent must submit a statement of qualifications to include:
    - a. A resume from key management or key individuals.
    - b. Number of years of experience working with the Navajo Nation Government or other government entities.
    - c. Provide three (3) references. Each reference must include the name, address, and telephone number of a contact person who can describe in detail, the quality, quantity, and substance of services provided.
    - d. Provide number of employees in the company/organization.
  - C. Proposal on contract approach
    - a. Provide in detail how they would accomplish the objectives described in the scope of work.
- A. REJECTION OF PROPOSALS:** The Navajo Nation reserves the right to waive any informalities or irregularities in the RFP or reject any or all proposals whenever such rejection is deemed in the best interest of the Navajo Nation.
- B. PROCUREMENT OF RFP:** This procurement shall be conducted in accordance with all applicable Navajo Nation Laws and Regulations including the Navajo Business Opportunity Act. All applicable rules, regulations, and laws shall also be followed. Prospective Vendors shall familiarize themselves with Navajo Nation regulations prior to submitting responses to this RFP and may request a copy of the Navajo Nation procurement regulations.
- C. INQUIRES:** Any inquiries regarding this RFP should be submitted in writing to Lesita T. Desiderio, Program Supervisor II. Questions regarding this procurement will be accepted until 4:00 PM MST on February 13, 2025. Only written responses to questions will be considered.
- D. AMENDED PROPOSALS:** A respondent may submit an amended proposal before the deadline for receipt of proposals. Such amended proposals must be a complete replacement for a previously submitted proposal and must be clearly identified in the transmittal letter.
- E. REJECTION OF PROPOSALS:** Navajo Division of Aging and Long-Term Care Support reserves the right to reject all proposals. This RFP maybe canceled at any time and all proposals may be rejected in whole or in part when the Navajo DALTCS Health Service Administrator determines it is in the best interest of the Navajo Nation.
- F. PROPRIETARY INFORMATION:** Any restriction on the use of data contained within any proposals must be clearly stated in the proposal. Proprietary information submitted in response to this RFP will be handled in accordance with applicable purchasing procedures. Each page of the proprietary material must be labeled or identified with the word “proprietary” or “confidential.”



- G. **RESPONSE MATERIAL OWNERSHIP:** All material submitted regarding the RFP shall become property of the Navajo Nation and will not be returned to the respondent. Responses received will be retained by Navajo DALTCs and may be reviewed by any person after final selection has been made. Navajo DALTCs has the right to use any or all system ideas presented in reply to this RFP. Disqualification or non-selection of a respondent or proposal does not eliminate this right.
- H. **INCURRING COSTS:** Any cost(s) incurred by the respondent in preparing, transmitting, presenting, or modifying the proposal or material for this RFP shall be the responsibility of the respondent.
- I. **SUFFICIENT APPROPRIATION:** A contract awarded because of this RFP is contingent upon the availability of funds. A contract may be terminated or reduced in scope if sufficient funds do not exist. Sending written notice to the Vendor shall affect such termination or reduce the scope due to insufficient appropriations shall be accepted as final by the Vendor.
- J. **SOVEREIGNTY:** The Navajo Nation will not relinquish any of its sovereignty rights.

### **SECTION III**

#### **A. RESPONDENT REQUIREMENTS:**

All respondents must have, as a minimum, the capabilities listed herein, and the bid proposals submitted must reflect in detail the inclusion of these services as well as the additional forms required. Section II. Respondents should also provide technical information of delivery of services required in this Request for Proposal (RFP).

#### **B. SCOPE OF WORK:**

The Navajo Nation Division of Aging and Long-Term Care Support is accepting proposals from qualified vendors/business to provide the delivery of food for an estimated eighty-one (81) Senior Centers located within the confines of the five (5) Agencies of the Navajo Nation— Chinle, AZ, Crownpoint, NM, Ft. Defiance, AZ, Shiprock, NM and Tuba City, AZ.

#### **SEE ATTACHED "EXHIBIT B". LOCATIONS OF (81) SENIOR CENTERS**

The intent is to award a contract to one or two vendors to provide the services, even if the services overlapped geographically.

- Selected Vendor or Business shall be responsible for the following:
  - Focal Areas of Request for Proposal –
  - a. Provide labor, materials, supplies, transportation and equipment to provide delivery and food services to the Senior Centers across the Navajo Nation.

- b. Vendor will furnish food items (fresh/frozen fruits and vegetables, meat and meat alternatives, grocery, bread, canned items, spices and dairy items) to be served to Senior Centers participating in congregate and home-delivered meals and food services under the Navajo Division of Aging and Long-Term Care Support Program.
- c. Volume projects will be provided by the senior center supervisor / staff, each senior center differs according to number of meals served and size of senior centers.

**SEE ATTACHED "EXHIBIT C": LIST OF FOODS SEPARATED INTO CATEGORIES**

- Food Deliveries and services as outlined:
  - i. All deliveries will be made to all Senior Centers identified.
  - ii. All deliveries will be made between the hours of 8:00 AM to 5:00 PM - Senior Center operation hours.
  - iii. All food orders purchased and delivered will be in accordance with the designated Senior Center menu cycle. If unauthorized food is ordered and delivered by the vendor, the program will not be liable for any associated expenses.

**SEE ATTACHED "EXHIBIT D": MENU CYCLE**

- iv. All food orders will be a minimum of thirty (30) food items. No more than 30 items of any Food Category item will be delivered to a Senior Center at one time.
  - v. All senior centers operate on a same menu cycle.
- Senior Center staff will have the right to refuse spoiled, over-ripen products and dented can foods.
  - Selected vendor / business shall ensure all food items are available to avoid substitutions. This includes all canned goods versus packaged or bottled food items.
  - Selected vendor / business will adhere to delivery schedules. Deliveries should not be changed or altered to delivery sites. All deliveries are on a weekly schedule, unless otherwise approved by the designated Senior Center Supervisor or Program Supervisor.
  - Most / All senior centers have delivery access and entries, there is parking space for delivery trucks but there are no delivery docks. So, roads and delivery access and entries are not paved, only dirt or gravel.

**C. NAVAJO NATION SENIOR CENTERS RESPONSIBILITIES:**

1. Identify Senior Center personnel as point of contact for food ordering.
2. Ensure food is ordered according to the approved Senior Center menu cycle.
3. Ensure Senior Center personnel is on-site to receive food delivery and store food accordingly.
4. Inventory all good deliveries, sign off on food invoices.

5. Submit food invoices in a timely manner to ensure payment to vendor.

## SECTION IV.

### A. EVALUATION PROCEDURES AND SELECTION CRITERIA:

1. An evaluation team will evaluate the proposals received in accordance with the general criteria used herein. Respondents should be prepared to provide any additional information the team feels necessary for the fair evaluation of proposals.
2. Failure of a respondent to provide any information requested in the RFP may result in disqualification of the proposal. All proposals must be endorsed with the signature of a responsible official having the authority to bind the respondent to executed of a contract.
3. The sole object of the review team will be to select the respondents who are most responsive to the needs of Navajo DALTCS. The specifications in this RFP represent the minimum performance necessary for a response. Based on the evaluation criteria established in this RFP, the review team will select and recommend the respondent who best meets the objective. If there is only one responsive bid, the Navajo DALTCS Health Service Administrator may elect to evaluate the RFP solely.
4. Evaluation Criteria: The following criteria will be used by an evaluation team in the selection process for contract award.

#### Initial Point Criteria:

- |                                       |             |
|---------------------------------------|-------------|
| a. Presentation of Response           | 1-20 points |
| Completeness                          |             |
| Clarity of Presentation               |             |
| Organization of Presentation          |             |
| Understanding Navajo DALTCS Objective |             |
| b. Statement of Qualifications        | 1-20 points |
| List of three (3) Client References   |             |
| c. Technical Requirements             | 1-20 points |
| Project description                   |             |
| Project accomplishments               |             |
| d. Project Management                 | 1-20 points |



Project Management Experience

Schedule/Project Plan

Delivering Staff Availability

Related Experience

Education – Credentials

e. Cost of Service 1-20 points

Total possible points 100 points

TAXES: All appropriate taxes should be included in the cost of services including the 6% Navajo Sales Tax. All work performed within the territorial jurisdiction of the Navajo Nation is subject to the Navajo Sales Tax at the prevailing rate), on gross receipt for all work performed within the territorial jurisdiction of the Navajo Nation pursuant to 24 N.N.C. §§601 et seq., and the Navajo Nation Sales Tax Regulations §§6.101 et seq. , as amended from time to time, except that work performed within the To’Nanees’Dizi Local Government (“Tuba City Chapter”) or the Kayenta Township is subject to their respective local sales taxes amended from time to time. In addition to being subject to Navajo Nation Sales Tax, the CONSULTANT is subject to local sales tax on gross receipts for all work performed within a governance-certified chapter that imposes a local sales tax pursuant to a duly enacted local tax ordinance and the Uniform Local Tax Code, 24 N.N.C. §§ 150 et seq.

**Exhibit A**

Navajo Nation Certification Regarding Debarment & Suspension

Federal Form Tax W-9



**NAVAJO NATION CERTIFICATION**  
**Regarding Debarment, Suspension, and**  
**Contracting Eligibility**

1. Applicant entity acknowledges that to the best of its knowledge that the Applicant entity, either in its present form or in any identifiable capacity, has not, in accordance with 12 N.N.C. § 361:
  - A. Been convicted of the commission of criminal offenses incident to obtaining or attempting to obtain a public or private contract or subcontract, or in the performance of any such contract or subcontract;
  - B. Been convicted of embezzlement, theft, forgery, bribery, falsification or destruction of records, receiving stolen property, or other offenses indicating a lack of business integrity or honesty, which currently, seriously, and directly affect responsibility as a Navajo Nation contractor;
  - C. Been convicted under antitrust statutes arising out of the submission of bids or proposals;
  - D. Violated contract provisions, including:
    - i. Deliberate failure, without good cause, to perform in accordance with the contract specifications or within the time limit provided in the contract,
    - ii. A recent record of failure to perform or of unsatisfactory performance with the terms of any contract, or
    - iii. Any other cause so serious and compelling as to affect responsibility as a Navajo Nation contractor, including debarment by another governmental entity.
2. Applicant acknowledges that if the Navajo Nation determines that the executed Certification provided herein is untrue or not wholly accurate, it shall be grounds for the Navajo Nation to terminate the contract and pursue other legal remedies, at the Navajo Nation's discretion.
3. Applicant certifies to the best of its knowledge that it is eligible to do business with the

Navajo Nation, in its present form or in any other identifiable capacity, pursuant to 12 N.N.C. § 1501 and 5 N.N.C. § 301. Applicant also acknowledges that per 12 N.N.C. § 1505, it will not be eligible to contract with the Navajo Nation if deemed ineligible by the appropriate department or entity of the Navajo Nation which receives the Applicant's request for consideration for a business opportunity.

\_\_\_\_\_  
Applicant Name

\_\_\_\_\_  
Name of individual signing on Applicant's behalf (print)

\_\_\_\_\_  
Applicant Address

\_\_\_\_\_  
Title of individual signing on Applicant's behalf

\_\_\_\_\_  
Applicant Address

\_\_\_\_\_  
Signature of individual signing on Applicant's behalf

\_\_\_\_\_  
Applicant Address

\_\_\_\_\_  
Date

# Request for Taxpayer Identification Number and Certification

Go to [www.irs.gov/FormW9](http://www.irs.gov/FormW9) for instructions and the latest information.

**Give form to the  
requester. Do not  
send to the IRS.**

**Before you begin.** For guidance related to the purpose of Form W-9, see *Purpose of Form*, below.

<b>Print or type. See Specific Instructions on page 3.</b>	<b>1</b>	Name of entity/individual. An entry is required. (For a sole proprietor or disregarded entity, enter the owner's name on line 1, and enter the business/disregarded entity's name on line 2.)		
	<b>2</b>	Business name/disregarded entity name, if different from above.		
	<b>3a</b>	Check the appropriate box for federal tax classification of the entity/individual whose name is entered on line 1. Check only <b>one</b> of the following seven boxes.		<b>4</b> Exemptions (codes apply only to certain entities, not individuals; see instructions on page 3):  Exempt payee code (if any) _____  Exemption from Foreign Account Tax Compliance Act (FATCA) reporting code (if any) _____  <i>(Applies to accounts maintained outside the United States.)</i>
	<input type="checkbox"/> Individual/sole proprietor <input type="checkbox"/> C corporation <input type="checkbox"/> S corporation <input type="checkbox"/> Partnership <input type="checkbox"/> Trust/estate <input type="checkbox"/> LLC. Enter the tax classification (C = C corporation, S = S corporation, P = Partnership) _____ <b>Note:</b> Check the "LLC" box above and, in the entry space, enter the appropriate code (C, S, or P) for the tax classification of the LLC, unless it is a disregarded entity. A disregarded entity should instead check the appropriate box for the tax classification of its owner. <input type="checkbox"/> Other (see instructions) _____			
	<b>3b</b>		If on line 3a you checked "Partnership" or "Trust/estate," or checked "LLC" and entered "P" as its tax classification, and you are providing this form to a partnership, trust, or estate in which you have an ownership interest, check this box if you have any foreign partners, owners, or beneficiaries. See instructions _____ <input type="checkbox"/>	
	<b>5</b>	Address (number, street, and apt. or suite no.). See instructions.		Requester's name and address (optional)
	<b>6</b>	City, state, and ZIP code		
<b>7</b>	List account number(s) here (optional)			

## Part I Taxpayer Identification Number (TIN)

Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid backup withholding. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the instructions for Part I, later. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN*, later.

**Note:** If the account is in more than one name, see the instructions for line 1. See also *What Name and Number To Give the Requester* for guidelines on whose number to enter.

<b>Social security number</b>									
<b>or</b>									
<b>Employer identification number</b>									

## Part II Certification

Under penalties of perjury, I certify that:

1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and
2. I am not subject to backup withholding because (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and
3. I am a U.S. citizen or other U.S. person (defined below); and
4. The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.

**Certification instructions.** You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and, generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions for Part II, later.

<b>Sign Here</b>	Signature of U.S. person	Date
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## General Instructions

Section references are to the Internal Revenue Code unless otherwise noted.

**Future developments.** For the latest information about developments related to Form W-9 and its instructions, such as legislation enacted after they were published, go to [www.irs.gov/FormW9](http://www.irs.gov/FormW9).

## What's New

Line 3a has been modified to clarify how a disregarded entity completes this line. An LLC that is a disregarded entity should check the appropriate box for the tax classification of its owner. Otherwise, it should check the "LLC" box and enter its appropriate tax classification.

New line 3b has been added to this form. A flow-through entity is required to complete this line to indicate that it has direct or indirect foreign partners, owners, or beneficiaries when it provides the Form W-9 to another flow-through entity in which it has an ownership interest. This change is intended to provide a flow-through entity with information regarding the status of its indirect foreign partners, owners, or beneficiaries, so that it can satisfy any applicable reporting requirements. For example, a partnership that has any indirect foreign partners may be required to complete Schedules K-2 and K-3. See the Partnership Instructions for Schedules K-2 and K-3 (Form 1065).

## Purpose of Form

An individual or entity (Form W-9 requester) who is required to file an information return with the IRS is giving you this form because they

**Exhibit B**

Senior Center Locations





# The Navajo Nation **DR. BUU NYGREN** *PRESIDENT*

Yideeskáądi Nitsáhákees | *Think for the Future*

## Chinle Agency DALTCS

1.	Blue Gap Center	9 miles N. on Hwy 29, Blue Gap Store
2.	Chinle Center	Hwy 191 Behind Chinle Community Center
3.	Cottonwood Center	Navajo Route 4, Cottonwood Chapter
4.	Many Farms Center	Hwy 191 Navajo Route 59, Many Farms Chapter
5.	Nazlini Center	N on Navajo RT 27 Mile Post 17
6.	Pinon Center	8030 Business Loop Pinon Chapter Complex
7.	Forest Lake Center	NR 41 Forest Lake Senior Center
8.	Hard Rock Center	17 miles N. of Hopi Culture Center, Hwy 264
9.	Low Mountain Center	Navajo Route 67 mile post 4
10.	Rock Point Center	Hwy 191 Rock Point Chapter Compound
11.	Rough Rock Center	1.5 miles SW of Rough Rock Jct.
12.	Round Rock Center	Hwy 191 TF 12 E. ¼ mile, Round Rock Chapter
13.	Lukachukai Center	1.2 miles E of N13, Lukachukai Chapter
14.	Tsaile Center	1 mile W of Jct. N64 & N13 of Tsaile Alon Store

## Crownpoint Agency DALTCS

1.	Alamo Center	HWY 169 MM29, Alamo, NM 87824
2.	Baca Center	22B Pillow Crest Rd, Prewitt, NM 87045
3.	Breadsprings Center	190 C Rodeo Rd, Vanderwagon, NM 87326
4.	Casamero Lake Center	CR19 Bldg. 6339, Casamero Lake, NM
5.	Chichiltah Center	Jones Ranch Rd Bldg. #7174, Jones Ranch NM
6.	Church Rock Center	57A Telestar Rd. Bldg# SA9187, Churchrock NM
7.	Crownpoint Center	Chaco Blvd East, Crownpoint, NM
8.	Iyanbito Center	211 Sweetwater Rd. Bldg# 4495 Iyanbito, NM
9.	Lake Valley Center	NM 371 C. Rd 7750 #567, Crownpoint, NM
10.	Nahodishgish Center	13 Mile West of Crownpoint, Crownpoint, NM
11.	Ojo Encino Center	Indian Service Rt 471, Ojo Encino, NM
12.	Pinedale	HWY 11 N 11-49 Mile Marker 5, Pinedale NM 87311
13.	Pueblo Pintado Center	3633 E. Rout 9 Pueblo Pintado NM 87013
14.	Red Rock Center	CR #2/Refuge Road, Red Rock, NM 87301
15.	Smith Lake Center	Bld#7201 state Rd HWY 371 N BIA Route N49 smith lake 87365
16.	Standing Rock Center	Rout 9 Mile Marker 25 North .5 Miles Standing Rock NM
17.	Thoreau Center	#14 Little Prairie Dog Lane NM HWY 371 Thoreau, NM
18.	Tohajiilee Center	10 mi N of I40, Tohajiilee, NM
19.	Torreon Center	HWY 197 Mile Marker 126 Cuba NM 87013

20.	Whitehorse Lake Center	28 miles East of Crownpoint, NM, on Navajo Route 9
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**Ft. Defiance Agency DALTCS**

1.	Crystal Center	NM SR134 & NR12
2.	Fort Defiance Center	NR12 BIA 110
3.	Ganado Center	MP446 .4 Hwy 264
4.	Indian Wells Center	N. Hwy 77, Jct. Rt. 15
5.	Jeddito Center	1 mile E. of SR. 264 MP 408
6.	Lupton Center	1-40 Exit 357 NR 12
7.	Mexican Springs Center	MM41 US Hwy 497
8.	Nahata Dzil Center	4 miles S. 1-40
9.	Naschitti Center	MM 41 US Hwy 492
10.	Sawmill Center	Rt 7 Apache County 297
11.	Sheepsprings Center	MM 49 of Hwy 491
12.	St. Michaels Center	Hwy 264 S. Rest Rd. Bld
13.	Teesto Center	1 mile E. of State Rt. 87
14.	Tohatchi Center	NM21 US Hwy 491
15.	Twin Lakes Center	N 491 MM 13
16.	Coyote Canyon Center	E. 10 miles on Rt. 9
17.	Rock Springs Center	No building *
18.	White Cone Center	28 N. Hwy 77 PMB 5120

**Shiprock Agency DALTCS**

1.	Beclabito Center	US Hwy 64 W. Rd. #9016, Beclabito, NM
2.	Cudei Center	US Hwy 64 W. Rd. #9100, Cudei, NM
3.	Hogback Center	W. Hwy 64 BIA #5301, Hogback, NM
4.	Huerfano Center	536 CR 7150, Huerfano, NM
5.	Nageezi Center	11551 US 550, Nageezi, NM
6.	Newcomb Center	¼ mile W Hwy 491 #9650 BIA Rt. 198, Newcomb, NM
7.	Sanostee Center	9 miles W. Hwy 491 Rd. N34, Sanostee, NM
8.	Shiprock Center	Hwy 491 S., Shiprock, NM (Post Office)
9.	Two Grey Hills Center	4 miles S. N-18 on 5000, Two Grey Hills, NM
10.	Upper Fruitland Center	N36 MP23, Fruitland, NM
11.	Aneth Center	20 Fairway Loop, Aneth, UT
12.	Cove Center	N33 Cove Chapter Compound, Cove, AZ
13.	Red Mesa Center	9 miles N. Hwy 160, Red Mesa, AZ
14.	Sweetwater Center	14 miles S. of Jct. N35 & Hwy 160, Sweetwater, AZ
15.	Teec Nos Pos Center	1.5 miles S. US 160 off BIA 5114, Teec Nos Pos, AZ



**Tuba City Agency DALTCS**

1.	Birdsprings Center	35.30586137989496, -110.76549604395377
2.	Cameron Center	35.87043921844939, -111.4157105140022
3.	Dennehotso Center	36.840830340986805, -109.85221437276977
4.	Inscription House/ Shonto Center	36.6507324365009, -110.76171787112499
5.	Kaibeto Center	36.60330159323397, -111.07466541727784
6.	Kayenta Center	36.840830340986805, -109.85221437276977
7.	Lechee/ Coppermine Center	36.858978094037, -111.44583648183068
8.	Leupp Center	35.29479558333141, -111.00706241840305
9.	Navajo Mountain Center	37.017657055972755, -110.79610630023956
10.	Olijato Center	37.03690367218057, -110.31493645893282
11.	Tolani Lake Center	35.43264198183101, -110.84551523185662
12.	Tonalea Center	36.32517573125943, -110.95179780048552
13.	Tuba City Center	36.122308677493045, -111.24577696492686

**Exhibit C**

Food Listing



# Division of Aging and Long-Term Care Support

## Fort Defiance Agency

### RAW FOOD INVENTORY

#### INGREDIENTS DESCRIPTION

1. Bacon Turkey
2. Beef Ground/patties
3. Beef Liver Slices
4. Beef Round
5. Beef Patties
6. Turkey Breast
7. Chicken Patties
8. Chicken Thigh
9. Cod Fillet
10. Salisbury
11. Lamb/Mutton
12. Pork Chop
13. Pork Loin
14. Dice Ham
15. Franks, Turkey
16. Beef Steak, round, ribeye
17. Beets Diced
18. Broccoli, frozen
19. Bell Pepper, green
20. Cauliflower/Broccoli
21. California Veggies blend
22. Carrots, frozen
23. Peaches, slice
24. Peas, frozen
25. Corn, whl kernel
26. Green Beans, frozen
27. Vegetable Mix, frozen
28. Mango/Kiwi
29. Onion, fresh Red JMBO
30. Olives
31. Oriental Mix Vegetables
32. Grapes
33. Pepper, Bell
34. Potatoes, fresh
35. Cucumbers
36. Salad mix
37. Squash, Zucchini
38. Campbell Soup Chck Noodle
39. Tomatoes, campbell
40. Campbell Soup Veg Beef
41. Oranges, Fresh
42. Apples
43. Applesauce
44. Apricots
45. Celery
46. Eggs Shell, Large
47. Milk Rduce Fat 2%
48. Margarine
49. Fruit Salad Tropical
50. Juice - Apple
51. Juice - V-8
52. Juice - Grape
53. Juice - Cranberry
54. Juice - Orange
55. Diced Pineapple/lemon/lime
56. Tomato Bulk Fresh
57. Stuffing Mix Cornbread
58. Carrot Slice, Frozen
59. Lettuce/Cabbage
60. Bananas
61. Pears
62. Mandarin Oranges
63. Peaches, Slice
64. Pie Filling
65. Plum
66. Yams
67. Baking Powder
68. Beans, Baked
69. Beans, Three-salad
70. Beans, Pinto Dry
71. Beans, Lentil
72. Broth, Beef
73. Broth, Chicken
74. Cheese, Cheddar
75. Cheese, American
76. Chili, Green
77. Corn Chips
78. Corn Tortillas
79. Corn Meal, Blue
80. Corn Meal, Yellow
81. Cake Mix/Frosting
82. Crackers, WWheat
83. Flour All Purpose
84. Flour WholeWheat
85. Macaroni Elbow
86. Masa
87. Mayonnaise dressing
88. Soup Vegetable Beef
89. Soup Cream of Chicken
90. Mozzarella Cheese
91. Spinach, Chopped
92. Noodles, Egg Pasta
93. Noodles, Spaghetti
94. Labella Pasta Lasagna
95. Pan Coating
96. Posole, Can
97. Picante Sauce
98. Alfredo Sauce Mix
99. Raisins
100. Rice, Long Grain
101. Watermelon
102. LA Choy Soy Sauce
103. Sugar/Salt
104. Olives/Pickles
105. Teriyaki Sauce
106. Corn, Oil
107. Cantaloupe
108. Tarter Sauce
109. Gelatin
110. Buns/Breads
111. Yeast, Active Dry
112. Basil Leaves/Spice
113. Chili Powder
114. Beef Base
115. Chicken Base
116. Onion Powder
117. Honeydew
118. Garlic, Ground
119. Soup, Cream of Mushroom
120. Soup, Chicken Noodles
120. Bay Leaf
121. Corn Starch
122. Vanilla Extract
123. Red Chili
124. Pineapple, slice
125. Tuna, Can
126. Oatmeal
127. Water
128. Ketchup
129. Mustard
130. Strawberry, Fresh
131. Turkey
132. Soup, Cream of Chkn
133. Flour Corn Masa
128. Dressing, Ranch
129. Pineapple Chunks
130. Pears, Can
131. Gatorade
132. Seasoning Fajita
133. Cool Whip
134. Yogurt
135. Fruit Bars
136. Pimentos, diced
137. Cereal

Division of Aging and Long-Term Care Support  
Shiprock Agency

**RAW FOOD INVENTORY**

**INGREDIENTS DESCRIPTION**

- |                               |                                |                              |                          |
|-------------------------------|--------------------------------|------------------------------|--------------------------|
| 1. Bacon Turkey               | 41. Oranges, Fresh             | 80. Corn Meal, Yellow        | 120. Bay Leaf            |
| 2. Beef Ground/patties        | 42. Apples                     | 81. Cake Mix/Frosting        | 121. Corn Starch         |
| 3. Beef Liver Slices          | 43. Applesauce                 | 82. Crackers, WWheat         | 122. Vanilla Extract     |
| 4. Beef Round                 | 44. Apricots                   | 83. Flour All Purpose        | 123. Red Chili           |
| 5. Beef Patties               | 45. Celery                     | 84. Flour Whole Wheat        | 124. Pineapple, slice    |
| 6. Turkey Breast              | 46. Eggs Shell, Large          | 85. Macaroni Elbow           | 125. Tuna, Can           |
| 7. Chicken Patties            | 47. Milk Rduce Fat 2%          | 86. Masa                     | 126. Oatmeal             |
| 8. Chicken Thigh              | 48. Margarine                  | 87. Mayonnaise dressing      | 127. Water               |
| 9. Cod Fillet                 | 49. Fruit Salad Tropical       | 88. Soup Vegetable Beef      | 128. Ketchup             |
| 10. Salisbury                 | 50. Juice - Apple              | 89. Soup Cream of Chicken    | 129. Mustard             |
| 11. Lamb/Mutton               | 51. Juice - V-8                | 90. Mozzarella Cheese        | 130. Strawberry, Fresh   |
| 12. Pork Chop                 | 52. Juice - Grape              | 91. Spinach, Chopped         | 131. Turkey              |
| 13. Pork Loin                 | 53. Juice - Cranberry          | 92. Noodles, Egg Pasta       | 132. Soup, Cream of Chkn |
| 14. Dice Ham                  | 54. Juice - Orange             | 93. Noodles, Spaghetti       | 133. Flour Corn Masa     |
| 15. Franks, Turkey            | 55. Diced Pineapple/lemon/lime | 94. Labella Pasta Lasagna    | 128. Dressing, Ranch     |
| 16. Beef Steak, round, ribeye | 56. Tomato Bulk Fresh          | 95. Pan Coating              | 129. Pineapple Chunks    |
| 17. Beets Diced               | 57. Stuffing Mix Cornbread     | 96. Posole, Can              | 130. Pears, Can          |
| 18. Broccoli. frozen          | 58. Carrot Slice, Frozen       | 97. Picante Sauce            | 131. Gatorade            |
| 19. Bell Pepper, green        | 59. Lettuce/Cabbage            | 98. Alfredo Sauce Mix        | 132. Seasoning Fajita    |
| 20. Cauliflower/Broccoli      | 60. Bananas                    | 99. Raisins                  | 133. Cool Whip           |
| 21. California Veggies blend  | 61. Pears                      | 100. Rice, Long Grain        | 134. Yogurt              |
| 22. Carrots, frozen           | 62. Mandarin Oranges           | 101. Watermelon              | 135. Fruit Bars          |
| 23. Peaches, slice            | 63. Peaches, Slice             | 102. LA Choy Soy Sauce       | 136. Pimentos, diced     |
| 24. Peas, frozen              | 64. Pie Filling                | 103. Sugar/Salt              | 137. Cereal              |
| 25. Corn, whl kernel          | 65. Plum                       | 104. Olives/Pickles          | 138. Sandwich bread      |
| 26. Green Beans, frozen       | 66. Yams                       | 105. Teriyaki Sauce          | 139. Hamburger buns      |
| 27. Vegetable Mix, frozen     | 67. Baking Powder              | 106. Corn, Oil               | 140. Water - bottled     |
| 28. Mango/Kiwi                | 68. Beans, Baked               | 107. Cantaloupe              | 141. Iced Tea - bottled  |
| 29. Onion, fresh Red JMBO     | 69. Beans, Three-salad         | 108. Tarter Sauce            | 142. Pickle              |
| 30. Olives                    | 70. Beans, Pinto Dry           | 109. Gelatin                 | 143. Chips               |
| 31. Oriental Mix Vegetables   | 71. Beans, Lentil              | 110. Buns/Breads             | 144. Beef Brisket        |
| 32. Grapes                    | 72. Broth, Beef                | 111. Yeast, Active Dry       | 145. Cake (bakery)       |
| 33. Pepper, Bell              | 73. Broth, Chicken             | 112. Basil Leaves/Spice      | 146. Ice Cream           |
| 34. Potatoes, fresh           | 74. Cheese, Cheddar            | 113. Chili Powder            | 147. Fruit snacks        |
| 35. Cucumbers                 | 75. Cheese, American           | 114. Beef Base               | 148. Granola Bars        |
| 36. Salad mix                 | 76. Chili, Green               | 115. Chicken Base            | 149. Coffee              |
| 37. Squash, Zucchini          | 77. Corn Chips                 | 116. Onion Powder            | 150. Coffee Creamer      |
| 38. Campbell Soup Chck Noodle | 78. Corn Tortillas             | 117. Honeydew                | 151. Hard Candy          |
| 39. Tomatoes, Campbell        | 79. Corn Meal, Blue            | 118. Garlic, Ground          | 152. Peanuts             |
| 40. Campbell Soup Veg Beef    |                                | 119. Soup, Cream of Mushroom | 153. Wal Nuts / Nuts     |
|                               |                                | 120. Soup, Chicken Noodles   | 154. Donuts (Baker)      |

**Exhibit D**

Menu Cycle – 8 Weeks



**MENU PATTERN**

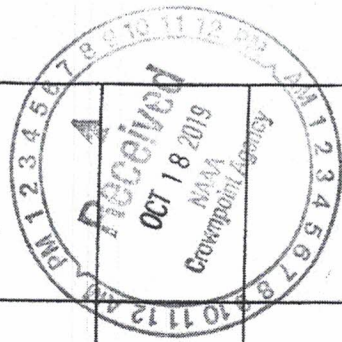
**Division of Aging & Long Term Care Support**

No substitute menu pattern form will be accepted. This menu pattern form is mandatory for all Congregate and Home Delivered meal programs to demonstrate compliance with the nutrition requirements of the elderly Nutrition Program.

SITE NAME: ALL DALTC SENIOR CENTERS

**FOR USE BY NEW MEXICO & ARIZONA DIVISION OF AGING & LONG TERM CARE SUPPORT SENIOR CENTERS**

	Monday	Tuesday	Wednesday	Thursday	Friday	COMMENTS
WEEK 1	Citrus Spinach Salad Baked Fresh Peach WW Crackers Milk	Baked Chicken Brown Rice Peas & Carrots Fruit Cup w/ Yogurt Milk	Tamale Pie Beans Zucchini Squash Corn Apricots Milk	Corn Harvest Stew Blue Corn Parfait Cucumber Slices Navajo Tea Milk	Liver & Onions/Gravy Green Beans w/Carrots Pineapple Slices WW Tortilla Milk	Steam Rice-Raise sugar level Can Fruit- too many additives Cook's Choice - Liver & Onions
WEEK 2	Chicken Fried Steak (HM) Baked Potato Mixed Vegetables Mixed Fruits WW Roll Milk	Spinach Soup Sliced Carrots WW Crackers Berry Nice Cream Milk	Beef Fajitas Bell Pepper/Onions Pinto Beans Mandarin Oranges Wheat Tortilla Milk	Cold Cut Sandwich Beef Vegetable Soup Banana Milk	Blue Corn Lamb Stew Watermelon WW Tortilla Milk	
WEEK 3	Chef Salad/Dressing Variety Vegetables Smoothie WW Crackers Milk	Tuna Casserole with/Mixed Vegetables Plums Milk	Grilled Vegetable Sandwich Tailgate Tomato Soup Baked Apple Milk	Bison Burger Lettuce & Tomato Sweet Potato Fries 100% Fruit Juice	SW Green Chili Enchilada Lasagna Pinto Beans Toss Salad Orange Wedges /Cinnamon	
WEEK 4	Honey Glazed Ham Carrot Soup Purple Grapes WW Roll (Home made) Milk	Soft Chicken Tacos Lettuce, Tomatoes, Onion Mesa Squash Fry (sunflower option) Watermelon Milk	Meatloaf/Gravy Steam Rice California Blend Vegetable WW Roll Cake w/fresh Strawberries Milk	Hot Turkey Sandwich Tomatoe Soup Celery & Carrot Sticks Dice Peas Milk	Pork Str Fry Str Fry Vegetables Brown Rice WW Crackers Cranberry Juice Milk	
WEEK 5	Lamb Vegetable/Corn Stew Blue Corn MUSH Jello w/Diced Pears Milk	Beef Lasagna Broccoli Cuts Steamed Baby Carrots Baked Apple Milk	Healthy Garden Salad Native Corn Parfait Navajo Tea Milk	Pinon Chili Beans Marble Corn Bread Peach/Dried Fruit Pudding Milk	Citrus Chicken Campfire Kabobs Honey Dew Milk	
WEEK 6	WW Tortilla Burger Lettuce, Tomatoes Grilled Pineapple Slices Milk	Lentil Bean Soup WW Crackers Grape Juice Milk	Baked Fish Parboiled Rice Tri-Color Cole Slaw Orange Wedges w/Cinnamon Milk	Beef Vegetable Stew WW Biscuit Jello w/Fruit Milk	Grill Cheese Sandwich Tailgate Tomato Soup Mango Slices Milk	
WEEK 7	Soup & Salad Bar Navajo Tea Milk	Stuff bell Pepper w/Beans Chunky Monkey Milk	Spaghetti/Meat Sauce Broccoli & Cauliflower Mandarin Oranges Milk	Pork Chops w/Gravy Baked Potato Mixed Vegetables Cantaloup Melon WW Tortilla Milk	Tuna Salad Sandwich Peas Soup Fresh Peaches Milk	
WEEK 8	Mutton Dumping Stew Purple Grapes Side Salad Milk	Frito Pie w/Salsa Apple Cobbler Milk	Rio Grande Pizza Side Salad Milk Berry Nice Cream	Chicken Quesadilla Zucchini & Corn Pinto Beans Baked Apple Milk	Green Chili Pork Stew Banana WW Tortilla Milk	



Prepared By: NN DALTC Menu Committee  
 Health Serv Admin: *[Signature]*  
 Approved By: Ophelia Steppes, NM State Nutritionist  
 Date: August 01, 2019  
 Date: 8/16/2019